

RELEASE, INDEMNITY & ASSUMPTION OF RISK

This Release, Indemnit	and Assumption of Risk made this day of		
20, is given by	("Student") and the Student's parent(s) or		
legal guardian(s)	("Parent(s)")		
in favor of Poudre School District No. R-1 ("School District"). The mailing address for the			
Student's residence is			
In consideration of the permission granted by the School District for Student to participate in the			
Open Weight Room program and Team Football Camp beginning May 30 th , 2017 through			
August 10 th , 2017 at Fort Collins High School (the "Activity"), Student and Parent(s) hereby			
covenant and agree as follows			

Student and Parent(s) release and hold harmless the School District and its board members, employees and agents from any and all liability, claims, causes of action, damages and demands of any kind whatsoever that Student and/or Parent(s) may have against the School District, its board members, employees and/or agents for any and all damages, including personal injury to the Student, that may arise out of or in connection with Student's participation in the Activity.

Student and Parent(s) understand and appreciate the risks and dangers of Student's participation in the Activity, which include but are not limited to head trauma resulting in brain damage, neck and spinal cord injuries resulting in quadriplegia or paraplegia, broken bones, pulls, strains, sprains and other serious injuries or impairments of a temporary or permanent nature. Student and Parent(s) understand that these injuries and impairments may be caused by ill-fitting or improperly used clothing and/or equipment, including using equipment without a spotter. Student and Parent(s) assume the risk of any and all damages, including personal injury, which the Student may incur as a result of participating in the Activity.

Parent(s) agree to indemnify, defend and hold harmless the School District and its board members, employees and agents from and against any and all claims, liabilities and causes of action, including attorney fees and costs, for injury of any person caused by Student and/or for damages to or destruction of any property caused by Student, which may arise out of or in connection with Student's participation in the Activity. Parent(s) also agree to indemnify, defend and hold harmless the School District and its board members, employees and agents from and against any and all claims, liabilities and causes of action, including attorney fees and costs, for injury to the Student and/or for damages to or destruction of property belonging to the Student or Parent(s), which may arise out of or in connection with Student's participation in the Activity.

Student and Parent(s) understand that the School District is protected from liability under the Colorado Governmental Immunity Act for injuries and damages that may arise out of or in connection with the Activity, and understand that any injuries or damages arising out of or in connection with the Activity may not be covered by School District insurance. For these reasons, it is recommended that Student or Parent(s) obtain appropriate insurance from qualified sources to cover medical expenses and other costs that could result from injury to the Student,

and damage to or destruction of property belonging to the Student or Parent(s), which may arise out of or in connection with the Student's participation in the Activity. The School District has information available regarding accident and health insurance that may be purchased to cover Student's participation in the Activity. Student or Parent(s) can find more information and links to enrollment forms at http://www.psdschools.org/risk-management/student-insurance.

Student and Parent(s) understand that the Student shall be subject to the School District Code of Conduct at all times related to Student's participation in the Activity. As a condition of participating in the Activity, Student shall comply with all instructions and safety precautions communicated by school officials.

We the undersigned Student and Parent(s) have read this Release, Indemnity and Assumption of Risk and understand all of the terms thereof, the nature of the Activity to which it applies, and the risk of injury associated with Student's participation therein. We execute this document voluntarily and with full knowledge of the rights we are giving up and the obligations we are assuming, effective as of the date first above written.

, Parent	, Parent
, Student	